

Jefferson Park and Recreation Calendar

Monday, March 8

5:00 am	Greene County Community Center Opens
5:00 am	Early Morning Tone & Tighten (GCCC)
6:00 am	Early Morning Cycling (GCCC)
9:00 am	Senior Yoga (GCCC)
10:00 am	Pilates (GCCC)
12:00 pm	Noon Tone & Tighten (GCCC)
4:30 pm	Afternoon Yoga (GCCC)
5:00 pm	Daycare (GCCC)
5:00 pm	Cardio Interval (GCCC Track)
5:30 pm	Kickboxing (GCCC racquetball court)
5:50 pm	Evening Tone & Tighten (GCCC)
6:45 pm	Instructors Choice (GCCC)
9:30 pm	Greene County Community Center Closes

Tuesday, March 9

5:00 am	Greene County Community Center Opens
5:00 am	Early Morning Cycling (GCCC)
6:00 am	Big Ball Toning (GCCC)
9:00 am	Senior Aerobics (GCCC)
12:15 pm	Noon Interval Circuit (GCCC)
3:45 pm	Session II Young Runners 7-14 year old boys & girls (GCCC)
5:00 pm	Daycare (GCCC)
5:00 pm	Evening Interval Circuit (GCCC)
5:35 pm	Interval Step (GCCC)
6:45 pm	Cycling (GCCC)
7:00 pm	Middle School Strength Training (HS)
9:30 pm	Greene County Community Center Closes

Wednesday, March 10

5:00 am	Greene County Community Center Opens
5:00 am	Early Tone & Tighten (GCCC)
6:00 am	Morning Cycling (GCCC)
9:00 am	Senior Yoga (GCCC)
10:00 am	Pilates (GCCC)
11:00 am	Kids in Motion 3-5 year old boys & girls (GCCC)
12:00 pm	Noon Tone & Tighten (GCCC)
4:15 pm	Weight Management (GCCC)
4:30 pm	Yoga (GCCC)
5:00 pm	Daycare (GCCC)
5:00 pm	Cardio Interval (GCCC track)
5:30 pm	Kickboxing (GCCC racquetball court)
5:50 pm	Evening Tone & Tighten (GCCC)

6:45 pm	Instructors Choice (GCCC)
8:30 pm	Men's Basketball League (GCCC)
9:30 pm	Greene County Community Center Closes
Thursday, March 11	
5:00 am	Greene County Community Center Opens
5:00 am	Morning Cycling (GCCC)
6:00 pm	Big Ball Toning (GCCC)
9:00 am	Senior Aerobics (GCCC)
12:15 pm	Noon Interval Circuit (GCCC)
3:30 pm	Tot Shots Basketball TK-K (Jefferson Elem)
3:45 pm	Session II Young Runners 7-14 year old boys & girls (GCCC)
5:00 pm	Daycare (GCCC)
5:00 pm	Evening Interval Circuit (GCCC)
5:35 pm	Interval Step (GCCC)
6:00 pm	Advanced Wrestling (HS Wrestling Room)
6:30 pm	MS Boys Throwing & Hitting Practice (High School)
6:45 pm	Evening Cycling (GCCC)
9:30 pm	Greene County Community Center Closes
Friday, March 12	
5:00 am	Greene County Community Center Opens
5:00 am	Early Tone & Tighten (GCCC)
6:00 am	Early morning Cycling (GCCC)
9:00 am	Senior Yoga (GCCC)
10:00 am	Pilates (GCCC)
12:00 pm	Noon Tone & Tighten (GCCC)
9:30 pm	Greene County Community Center Closes
Saturday, March 13	
6:00 am	Greene County Community Center Opens
7:00 am	Runners Club (GCCC)
9:30 am	Beginners Tumbling (Jefferson Elementary)
10:30 am	Intermediate Tumbling (Jefferson Elementary)
10:30 am	MS Strength Training (High School)
6:00 pm	Greene County Community Center Closes
Sunday, March 14	
12:00 pm	Greene County Community Center Opens
12:00 pm	High School Hitting Practice (GCCC)
12:30 pm	Spring Pitching Clinic 4 th -8 th grade girls (GCCC)
1:30 pm	Spring Softball Hitting Clinic 4 th -8 th grade girls (GCCC)
4:00 pm	Boys Middle School Hitting & Throwing Practice (HS)
5:00 pm	Coed Volleyball League Tournament (GCCC)
6:00 pm	Coed Volleyball League Tournament (GCCC)

6:00 pm	Greene Community Center Closes
7:00 pm	Coed Volleyball Tournament (GCCC)
8:30 pm	Men's Basketball League (GCCC)

Monday, March 15

5:00 am	Greene County Community Center Opens
5:00 am	Early Morning Tone & Tighten (GCCC)
6:00 am	Early Morning Cycling (GCCC)
9:00 am	Senior Yoga (GCCC)
10:00 am	Pilates (GCCC)
12:00 pm	Noon Tone & Tighten (GCCC)
4:30 pm	Afternoon Yoga (GCCC)
5:00 pm	Daycare (GCCC)
5:00 pm	Cardio Interval (GCCC Track)
5:30 pm	Kickboxing (GCCC racquetball court)
5:50 pm	Evening Tone & Tighten (GCCC)
6:45 pm	Instructors Choice (GCCC)
9:30 pm	Greene County Community Center Closes